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Welcome Campers and Families!

Hello everyone, my name is Nurse Brie and I will be running the health lodge at Sherwood Forest again this year. I wanted to reach out before camp with some important camp health topics...

Health Reminders:

**** Health information**

Make sure to fill out health forms completely, and to attach a copy of the camper's insurance card.

**** Asthma**

If your child has allergies and/or asthma, please make sure they come to camp prepared. This means with two rescue inhalers, nebulizer medication and equipment, and allergy medication.

**** Foot health**

Please send your kid with proper footwear for camp. A pair of running shoes and a pair of water shoes would work well. Also, please make sure they have socks that reduce blisters—like wool or polyester.

**** Calls home**

We will continue to do our best to communicate with you from camp about any/all health related concerns.

I am so excited for camp. Please call me if you have any questions.

Sincerely,
Nurse Brie

